



# MERRY *Christmas*

Dear Friends:

2023 has truly been a year of growth and renewal, as we have begun to experience a world beyond COVID-19. It has been wonderful to see friends and family again! This year has also been a time to reflect on how COVID-19 impacted every facet of our lives. We have all learned valuable life lessons and made many sacrifices. I hope each of you can spend time with those you love this holiday season and are able to gather in hope and celebration.

On behalf of the St. Martha's Regional Hospital Foundation Board of Directors and Staff, I would like to express our gratitude for your investment in the health of our community. The generosity of our community of donors, volunteers and supporters demonstrates that together, we can make a difference in the lives of our neighbours, family and friends. We are truly thankful for your dedication to the Foundation, the physicians, nurses, health care workers and staff at St. Martha's and to the health of our community. Your generosity reaches so many people and touches so many lives.

This year the Foundation has already committed over \$600,000 in support of new and innovative equipment for St. Martha's. Our 2023 / 2024 commitments include funding for the Community Navigator, access to important education for Healthcare Professionals, a state-of-the-art imager for the Operating Room and an enhanced system for the Pharmacy, to ensure safe delivery of patient medication. Together as a community we need to ensure our hospital has state-of-the-art equipment, and that we can attract and retain staff, so that the patients of St. Martha's Regional Hospital continue to receive excellent health care for generations to come.



**Saint Martha's**  
REGIONAL HOSPITAL  
foundation

Now, more than ever, St. Martha's Regional Hospital Foundation needs your support, so that our hospital, physicians, nurses, and staff are prepared for whatever the future holds. Please consider completing the donation card enclosed in support of the St. Martha's Regional Hospital Foundation.

The holiday season is a time of generosity and giving, and it is also a great time to express gratitude to those who make a difference in our community. We are asking you to join us in thanking those at our hospital who make a difference every single day. Please complete the enclosed note card by writing a message of thanks and encouragement to health care workers at St. Martha's. You can address the card to an individual, a department or to the entire staff – anyone who has made a difference in your life, and positively impacted your healthcare experience. Please send along the notecard to us and we will happily deliver your messages of gratitude.

As we approach this holiday season, let us continue to support one another and spread joy and kindness wherever we can.

Wishing you and your loved ones Happy Holidays and a Happy and Healthy New Year.

Sincerely:



Meghan MacGillivray-Case

Chair, St. Martha's Regional Hospital Foundation



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