



Shaun Machnik, Dr. Maureen Allen, Chris Wilson RN

Foundation Connections

Shaun Machnik was born with severe health complications, including a malformed digestive and renal system. He has endured numerous serious hospitalizations throughout his life with major surgeries both at St. Martha's Hospital and in Halifax. Shaun wishes to share some thoughts about his care at St. Martha's.... His full story is on our website www.smrhfoundation.com

"This hospital has been the cornerstone of ensuring that the health and well-being of those it serves is of primary importance"

"As a patient of St. Martha's, I was treated as a person, and not as a number." "...the professionals at our hospital have made our hospital an integral part of our community. They have turned a building made of brick and concrete, into a living organism that is there to serve us when we are most in need" "However, this hospital's continued role and importance to us all, is dependent on the continued support of those of us in the here and now. It is our responsibility to work together to ensure that St. Martha's Hospital serves future generations of Nova Scotians, thus ensuring that it remains a regional hospital of medical excellence and care..."

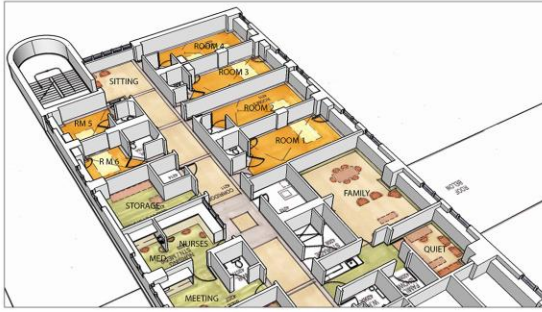
"As a community, we have the strength and ability to ensure St. Martha's place in our community. Let us join hands with a single voice and say yes to supporting St. Martha's."

Shaun Machnik

The St. Martha's and You ... The Time is NOW

Campaign Chair Steve Smith, Co-Chairs Ron MacGillivray and Bill Fraser and the rest of their dedicated team are doing amazing work on behalf of the campaign. The residents of Antigonish, Guysborough, Inverness and Richmond Counties can be proud of their support for St. Martha's Regional Hospital. The Sisters' commitment to care, carries on in each of us. Thank you!





Palliative Care Unit... We're Almost There

"Respecting life in all its stages" is the first fundamental value in St. Martha's Regional Hospital Mission Statement. St. Martha's Hospital has a highly trained team of medical personnel providing compassionate palliative care. We don't have a dedicated Palliative Care Unit, but we're working on it! The Foundation, Antigonish Town and County Palliative Care Society, St. Martha's Hospital and the Nova Scotia Health Authority are working to establish an inpatient family-centered, compassionate Palliative Care Unit at St. Martha's. Designs are done and a tender has been issued.

The St. Martha's Hospital Foundation is leading the fund development for this very important project. Your donation to the endowment campaign is vital to ensure that the Foundation can continue to support valuable initiatives such as a Palliative Care Unit at St. Martha's.

Foundation Update!

Over the last year, the Foundation has funded not only enhanced equipment purchases, but research and training for staff at St. Martha's. The Palliative Care Unit at St. Martha's is now on the horizon. The Foundation is working to ensure the significant required funds are in place for this project.

If you have not yet made your pledge to the St. Martha's and You...The Time is NOW campaign, please consider supporting the Foundation, so initiatives such as these can continue to provide the "excellence in delivery of health care services" envisioned by the Sisters of St. Martha.

Did You Know: There are significant tax benefits for charitable donations, non-refundable credits of up to 50%, when your donations amount to more than \$200 annually. Check with your financial advisor. Donations received before or postmarked by Dec 31, 2017 will be eligible for 2017 tax receipts.



National Recognition For Open Arms Clinic

The Open Arms Clinic at St. Martha's is somewhat unique in Nova Scotia. The clinic works to ensure support services for 'mothers-to-be' are in place long before delivery, leading to more positive outcomes and healthier babies and mothers. The clinic is open to all women who plan to deliver at St. Martha's early in their pregnancy. The nurses provide pre-natal information, assess and take note of any client needs. They strive to provide pregnancy, infant safety and care as well as delivery / post-partum information. The clinic nurses work as part of a team with public health nurses, registered mid-wives, physicians, nurses on the inpatient Children's and Women's Health unit, mental health services, social work, and Family Resource programs. Lisa MacDonald and Colleen Boyd, both International Board Certified Lactation Consultants, are an excellent resource to support mothers in establishing breastfeeding and other concerns related to infant feeding after discharge as well.