

# 2022-2023 Annual Report

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**Saint Martha's**  
REGIONAL HOSPITAL  
foundation

June 2023  
**AGM**

# 2022-2023 AGM Agenda



St. Martha's Regional Hospital  
Foundation  
Annual General Meeting  
June 19, 2023 at 5:00pm  
St. Joseph's Community Centre  
Antigonish, NS

- **Call to Order**
- **Roll Call**
- **Agenda Review**
- **Approval of 2020-21 AGM Minutes**
- **Chair's Report**
- **Governance, and Nominations Committee Report**
- **Fundraising and External Relations Committee Report**
- **Fund Allocation Committee Report**
- **Finance and Investment Committee Report**
- **Auditors Report**
- **Investment Report**
- **Appointment of Auditors**
- **Declaration of Officers**
- **Election of New Directors**
- **Guest Speaker: Dr. Emily Rice**
- **Adjournment**





# 2021-2022 AGM Minutes

St. Martha's Regional Hospital Foundation  
Annual General Meeting  
5:00pm, June 20, 2022  
Royal Canadian Legion

- Call to Order: Meeting was called to order by Chair, Meghan MacGillivray Case at 5:00pm

Present: Meghan MacGillivray Case, David MacGillivray, Tony Overmars, Andrew Beckett, Blair MacDuff, Faith Layden, Marcus Stephenson, Craig MacDonald, Wayne Ezekiel, Anelia Wasserman, Kate Gorman, Karen MacDonald, Sarah MacDonald and Sadie Benoit.

Absent: Bernard Liengme, Camilla Benoit

Special Guests: Warden Owen McCarron, Hugh Gillis, Donalda MacGillivray, Sarah O'Toole, Victoria MacAulay, Diane Kennedy, Richard Isnor, Judy MacInnis, Ryan Armstrong, Dr. Vaughan Marshall and Kathy Chisholm

Meghan welcomed everyone in attendance. Meghan spoke to the special resolution on the agenda and requested that anyone eligible to vote as per our bylaws to please register. No members of the society, outside of the board members registered.

- Agenda Approval: Motion to approve made by Wayne, seconded by Tony. Approved
- Approval of Previous Minutes: Motion to approve previous minutes made by Andrew seconded by Kate. Approved.
- Special Resolution: A motion to approve amendments to the Foundation's By-Laws was moved by Andrew, seconded by Tony. Motion carried.

Please Note: No external members of the society registered for or requested voting opportunity.

- Committee Reports: Circulated for review in advance. Hard copies provided for review at meeting. Motion to approve all committee reports as circulated made by Wayne, seconded by Andrew. Motion carried.



- Chair's Report Highlights
  - Meghan thanked sponsors, partners, volunteers and donors, site leadership and the auxiliary for another incredible year despite COVID. She also noted the transformational legacy gift from the estate of the late John MacLellan.
  
- Auditors Report: Ryan Armstrong from Grant Thornton presented the Foundation's audited statement. Motion to approve made by Heather, seconded by Blair. Motion carried
  - Auditor's Report Highlights
    - Ryan noted increased revenues from parking, donations and fundraising activities in 2021, while expenses remained consistent with previous year. Total assets and equivalents at year end total \$22,465,411.00.
  
- Appointment of Auditors: Motion to appoint Grant Thornton as Auditors for the Foundation for the 2022/2023 fiscal year made by Heather, seconded by Tony. Motion carried.
  
- Declaration of Officers: Motion to approve the following made by Andrew, seconded by Craig. Motion carried.
  - Meghan MacGillivray-Case-Chair
  - Blair MacDuff-Vice Chair
  - Heather Murphy-Treasurer
  - Anelia Wasserman-Secretary
  
- Election of New Directors: Motion to approve the following individuals as Foundation Directors made by Faith, seconded by Heather. Motion carried.
  - Diane Kennedy (Representative of St. Martha's Auxiliary)
  - Sue Ellen McCarron (Representative of the Sisters of St. Martha)
  - Richard Isnor
  
- Guest Speakers: Community Navigator Sarah O'Toole, Physician Recruiter for the Eastern Zone, Victoria MacAulay and local physician Dr. Vaughan Marshall.
  - Guest speakers highlighted and explained process of physician recruitment and retention activities, challenges and successes.
  
- Adjournment: Motion to adjourn made by Karen at 6:08pm. Meeting adjourned.

Minutes recorded by:  
Sadie Benoit - Fund Development Associate

# Message from our Chair


This past year has been an interesting and exciting year for the St. Martha's Regional Hospital Foundation. We began the year with a new 5-year strategic plan, our executive director, Sarah MacDonald took a position with another organization, and we welcomed a new executive director, Amy Carver. All the while continuing with our endowment campaign, major fundraising events, and also while continuing to support enhanced equipment, training and research opportunities to ensure that our community has the best medical care possible.

I want to thank Sarah Macdonald for her work as Executive Director, and welcome Amy to the role. Many of you have already met Amy, who started her position in December. She's a wonderful addition to the Foundation and I look forward to seeing all that she accomplishes as Executive Director of the St. Martha's Regional Hospital Foundation. I also want to acknowledge and thank Sadie Benoit for her hard work and dedication to the Foundation.

Sadie's knowledge and skillset were integral to the Foundation during this year of transition. Finally, I want to thank all members of the board of directors for generously donating their time and expertise. The success of the Foundation is because of the commitment, leadership and guidance of our staff and volunteer board.

We live in a very special place, with a wonderful community of donors and supporters. Our fundraising efforts, including Hospital Help Day Radiothon and golf tournament are always such successful events because of this community. We want to ensure that the health professionals at St. Martha's can continue providing exceptional care to the patients of the quad counties. To do this we are committed to supporting the purchase of innovative and high-quality equipment, and to funding research and training opportunities; all of which supports our staff, physicians, and health professionals. We could not fulfill our mission to ensure that the highest standard of healthcare is available to the patients of St. Martha's Hospital without the unwavering support of our donors and supporters. Together we can continue to support St. Martha's to ensure our hospital is prepared for whatever the future holds.

I look forward to continuing as Chair of the St. Martha's Regional Hospital Foundation and am excited to continue working to fulfill the goals set out in our strategic plan - to support St. Martha's Regional Hospital, healthcare in our community, and better health outcomes for our community members now and for generations to come.





# Committee Reports

## Governance and Nominations

The committee would first like to start by thanking our past chair Meghan MacGillivray-Case for completing her term on the Governance, Human Resource and Nominations Committee. A special thanks to Andrew Beckett for leading the revisions to our SMRHF By-Laws and modernizing them to reflect the work of 2023.

The committee had a busy year. Priority was replacing our outgoing Executive Director, Sarah MacDonald. This is a key role for the foundation and had big shoes to fill. Through a competitive hiring process, the foundation has been very fortunate to find our current Executive Director, Amy Carver. Amy offers a strong work ethic and has been an integral part of the hospital. With Amy's strong ability to action a variety of strategic priorities, the foundation is confidently in great hands.

The Human Resource and Nominations Committee has made several policy changes. The first focus was to provide better definition and procedure around funding requests from privately owned doctors' offices. After much deliberation from the Board Members, we ultimately produced a "Approval Procedure For Private Office Requests For Endowment Funding And Parking Lot Funds".

Further policy work has been establishing a Human Resource Policy Manual for Staff members. Codifying our rules and expectations will provide better role boundaries, reduction of staff conflict, and improved onboarding of new staff.

Finally, we want to thank three outgoing Board Members for their hard work and contributions to the foundation. Dr. Blair MacDuff, David MacGillivray, and Kate MacInnis. HR & Nomination committee has successfully found replacements to fill the key roles and skills of the outgoing board member. We look forward to an exciting 2023-2024

Chair  
Marcus  
Stephenson

# Committee Reports

## Fundraising and External Relations

As always, the Foundation is grateful for the valuable support from our community members, sponsors and hospital staff. We are fortunate to be able to honour the stories of patients and assist the community to raise funds for enhanced equipment, collaborative care and education opportunities for our hospital and staff.

Less Covid restrictions not only allowed for the Foundation offices to move back to the hospital, but also for our fundraising activities to resume as before.

Our annual Chip in Fore Golf Day held in September was a great success due to the hard work of volunteers and generous donations from our sponsors RJ MacIsaac Construction, XFM, High-Crest Enterprises, CIB and CBI. Food was kindly donated by Subway & Pita Pit, Tim Hortons and Tony's Meats. Beverages were sponsored by Spindrift (Oak Manor), Cold Stream and Steinhart's. The gross revenue was \$46,478. This year's tournament is scheduled for September 8th.

Hospital Help Day took place in October. Once again, we were overwhelmed by the way our community opened their hearts and wallets to support the work of the Foundation by making a donation, sharing a story about a loved one or a hospital experience. Thank you to all the volunteers who made the event possible and to 98.9 XFM for their sponsorship and involvement.

A total of \$94,570 was raised. All funds are allocated for new dialysis chairs. The 2023 Hospital Help Day is scheduled for October 25th and we will be celebrating it's 30th year!

In May; McDonalds' in Antigonish and Port Hawkesbury donated the proceeds from McHappy Day to the Foundation. It was a fantastic event and was very successful thanks to the McDonald's crews and support from our communities. We are thankful for the \$22,000 raised. This will be put towards the purchase of enhanced upgrades supporting scoliosis imaging capabilities. In addition, for the month of July, \$1 from every Big Mac and McChicken sold at these locations will be donated to the Foundation. Thank you, McDonalds!

# Committee Reports

## Fundraising and External Relations

We are excited to welcome Billy Yvonne as the new community navigator. He started his role on Monday, June 5th. Our partnership with the Town and County as the Community Navigation and Physician Retention Services Association allowed the opportunity to continue this role for another three-year term with hopes to continue into the future. His focus will be on doctor recruitment and retention.

As an example of the work of the navigator, the Foundation was able to support the gathering of a group of physicians, family members, community members and community leaders to attend a live outdoor performance of The Hobbit at Keppoch Mountain. This event did not only provide opportunity for social connection, but also showcased local talent as well as local cuisine in the beautiful setting of Keppoch . This year a similar event is planned in cooperation with Festival Antigonish Summer Theatre.

In the last year the Foundation was honoured to commit \$916,752 in funding to support new medical equipment, enhanced local care opportunities and education for staff members. In addition, we have reached the goal for the St Martha's and You ... The Time is Now campaign years before our 10 year goal. None of this would have been possible without the dedication and support of our sponsors, partners, volunteers and hospital and foundation staff members. Thank you. Together we can make a difference!



Chair  
Anelia  
Wasserman



# Committee Reports

## Fund Allocation

The Fund Allocation Committee met numerous occasions over the past year to determine the fund and equipment requests that meet the Foundation Mission. Overall we were pleased with the types of requests we received and the amount of funding we were able to provide.

Outlined in the graphic below, we committed a total of \$916,752 to a multitude of causes. \$8780 was given to fund various educational opportunities for the St. Martha's Staff and Physicians. The funds from our parking lot revenue allowed us to commit to using \$399,117 for additional equipment and purchases that we may not have otherwise had the funding for. Overall a total of \$671,202 allowed the Foundation to support enhanced equipment and technology for St. Martha's Regional.

### 2022-2023 Spending Commitments

Equipment	Endowment Fund	Parking Lot Fund	Other Fund
Behavioral Interventionist	\$40,000		
PICC line Program	\$23,000		
Thyroid Uptake Probe	\$40,700		
Staff and Physician Education	\$8,780		
Rapid Infusers for Blood Transfusions	\$37,000		
Fetal Monitor Telemetry Support System	\$51,275		
Blanket Roll Body Temperature Control System	\$30,000		
Ultrasonounds with Cardiac Probe	\$135,500		
Sleep Apnea Testing Equipment	\$5,500		
Cuddle Bed and Air Mattress	\$12,650		\$12,373
Community Navigator		\$30,000	
Steam Sterilizer		\$132,347	
Dialysis Upgrades (Hospital Help Day)			\$85,000
The Drop: Youth Mental Health Centre Youth Outreach			\$6,000
Mobile Vital Machines			\$13,690
Other Equipment, Resources & Patient Comfort		\$236,770	\$16,167

Equipment	Endowment Fund	Parking Lot Fund	Other Fund
Totals:	\$384,405	\$399,117	\$133,230
<b>Grand Total: \$916,752</b>			

Chair  
Dr. Blair  
MacDuff



# Committee Reports

## Finance and Investment

The financial outcomes from the fiscal year ending March 31, 2023 were again positive as a result of the increased community support through both donations and fundraising. With this support, the Foundation was able to provide approximately \$600,000 in equipment and training to St. Martha's Regional Hospital and staff and an equal amount already committed for the coming year.

The Foundation received donations in the campaign fund of approximately \$650,000 during the fiscal year and are an addition to the investments held by the Foundation to provide hospital support well into the future. The investments, which at the fiscal year end of March 31, 2023 were slightly under \$20 million, are being monitored and managed to ensure alignment with the Foundation's Investment Policy.

The finance committee together with the investment advisor, David MacGillivray of CIBC Private Wealth Wood Gundy, have been monitoring the impact of the markets on the Foundation's investment portfolio. The performance of the investments had a slight negative return during the fiscal year of -.7% but the overall performance since transitioning into a managed fund maintains a positive return of 2.8%.

The allocation of the assets within the fund has been invested consistent with the parameters set out in the investment policy. This approach has protected the Foundation's investment from the potential of a further decline in return.

Chair  
Heather  
Murphy