



KEEPING CONNECTED

REPORT TO THE COMMUNITY

The Power of Legacy Gifting



In 2021, the St. Martha's Regional Hospital Foundation received the final installment of its largest single gift in its history. John MacLellan, long time resident and taxi driver for Antigonish left the Foundation \$1.68 million dollars in support of St. Martha's Regional Hospital.

John started his career as a driver with Zinck's Taxi. He continued driving taxi for other companies in Town and had over 60 years of service in the industry. John took great pride in his job, delivering superior service and he was always dressed in his trademark blue uniform and cap.

The Foundation is so grateful to John for his incredible generosity. In his honor, the Foundation and Nova Scotia Health have renamed the palliative care unit at St. Martha's Regional Hospital, the John MacLellan Palliative Care Unit.

John's legacy gift will not only help to improve healthcare in the quad-counties today, it will continue to support St. Martha's for generations to come through our endowment fund.



A MESSAGE FROM OUR CHAIR



On behalf of the St. Martha's Regional Hospital Foundation, I want to express my sincere gratitude to our healthcare community for their dedication and commitment over these past two years. St. Martha's is truly a special place. Built on the legacy of the Sisters of St. Martha, it is a cornerstone of our community and is made special by those who provide care and patient support.

The Foundation is honored to be able to support the quad-counties by investing in medical technology, education and research that supports enhanced services and allows residents to access care closer to their home community.

Thank you to everyone who made a donation to the Foundation, sent in messages of encouragement or reached out to see how they could help. I am touched by the incredible generosity of our community and I am honored to play a role in supporting St. Martha's today, and for generations to come.

Sincerely,
Meghan MacGillivray Case

NEW STERILIZER MACHINE

April 2021

The Foundation was pleased to be able to support better patient care through the purchase of a new **low temperature hydrogen peroxide sterilizer**. The system is intended for use in the sterilization of medical devices and equipment in healthcare facilities using vaporized hydrogen peroxide.

The previous low temperature sterilizer was approximately 17 years old. When it broke down, the MDR staff required a Biomedical Technician from the Northern Zone

to come and do the repairs. In the meantime, they would have to ship St. Martha's medical devices and equipment to another hospital for sterilization which can cause delays or cancellations of procedures.



COMING TOGETHER TO ENJOY THE THEATRE

June 2021

Thanks to the incredible efforts of the **Community Navigator**, a shared initiative with the Town and County of Antigonish, the Foundation was able to provide funding to support an amazing gathering of 100 physicians, family members, community members and local community leaders to attend an outdoor live performance of Robin Hood at Keppoch Mountain. Feedback from the event was overwhelmingly positive.





Our tournament champions,
Team Tim Hortons

September 2021

CHIP IN FORE ST. MARTHA'S GOLF TOURNAMENT

In our largest tournament ever, we saw 33 teams teeing off in support of St. Martha's Regional Hospital. It was a fantastic and fun-filled day that saw team Tim Horton's taking home the trophy!

Proudly sponsored by R.J Maclsaac Construction Ltd., the course was full of fun activities. A special thank you to our food and beverage sponsors, as well as the Antigonish Golf & Country Club. Thank you to our players who come out each year regardless of weather to support St. Martha's. We want to send along a huge thank you to Boyd and Theresa Maclsaac of RJ Maclsaac Construction Ltd., for their continued support and dedication to the tournament. This day would not be possible without them.



Some of our incredible volunteers that support Hospital Help Day

October 2021

THE 98.9 XFM HOSPITAL HELP DAY

The day has come and gone and with it, our most successful year yet. We set out to raise \$80,000 to support the purchase of two new infant isolettes for the Child & Women's Health Unit and thanks to your support, we raised a jaw-dropping \$109,950! Thank you!

A special thank you to our partners, 98.9 XFM for their support. We'd also like to thank all of the local businesses and municipalities that donated and sponsored prizes, as well as everyone who purchased a ticket for the draw. We had some incredible prize packages this year and were so excited for our lucky winners.



Clinical nurse educators Julia Kolanko & Kyla Nearing standing with their new wound care supply carts

December 2021

IMPROVING RESOURCES FOR WOUND CARE

"Thanks to the help of the Foundation, and their donors, the St. Martha's clinical nurse educators (CNE) have been able to roll out wound care education to nurses at St. Martha's and have been able to provide each hospital unit with a cart of wound care supplies. The carts have drawers to address pressure injuries, as well as skin tears, surgical wounds and wound cleansing.

My colleague Julie and I have been asked by others around the province about these carts - how they came to be and how we secured funding for such an amazing resource. I have been happy to say that the St. Martha's Regional Hospital Foundation proudly supported this project and helped nurses to provide outstanding patient care at St. Martha's."

--Kyla Neary Griffiths, CNE

REHABILITATION UNIT UPGRADES

January 2022

The Foundation was pleased to work with our donors to provide \$50,000 in support of new equipment for the rehabilitation unit at St. Martha's. Upgrades included a new upright bike and stair set to name a few. The bike is a key component to the exercise protocols as ordered by surgeons in the recovery of most orthopedic surgical repairs, such as knee replacements and ACL repairs. The bike helps to regain lower extremity range of motion, strength and improve cardiovascular health. It is a perfect addition to our gym in providing the best service in general conditioning programs and sport rehab at St. Martha's. The stairs have two different grades, which allows patients to practice and regain strength prior to heading home. These are just two of many new pieces supporting improved patient care at St. Martha's!



Members of the Rehab Team showcasing their newest equipment



MUSIC THERAPY IN PALLIATIVE CARE



January 2022

When the Foundation was asked to support a pilot project that would bring music therapy to patients of the palliative care unit, we jumped at the opportunity. We asked Rebecca, the music therapist contracted to provide music therapy in the unit to tell you a little bit about what she does at the hospital and what she loves most about it:

“Much of my work in palliative care would be considered “receptive methods” meaning that the patient receives the music without actively participating in the music making. This can be beneficial for relaxation and promoting reminiscence when using patient preferred music. Depending on the patient, some participate in the music-making through singing, playing handheld percussion instruments, tapping their hands and feet, etc.” - Rebecca MacDonald, MTA

“Music therapy is such a rewarding field to be a part of. It is amazing to see patients respond to music and have such positive experiences in sessions. In the work that I do, individuals may be receiving difficult news and processing complex emotions related to their prognosis, autonomy, and dignity. It is amazing to witness how relaxed individuals become during music therapy, as well as being able to learn about the life and memories of wonderful patients.” - Rebecca McDonald, MTA

To learn more about Rebecca's work, visit our website at www.smrhfoundation.com



Saint Martha's
REGIONAL HOSPITAL
foundation

MAKING A DIFFERENCE

February 2022

In February 2022, Cathy's Place and the oncology team at St. Martha's held their main fundraiser, the **Memorial Warrior Drive**. Each donation collected was received with much love for our patients and a small heart was put on display for patients and staff in our chemotherapy treatment room. The team was blown away with the support we received from local families and groups, as well as 98.9 XFM for promoting our fundraiser. With their help we raised \$12,735 for Cathy's Place. Thank you to everyone who donated and supported our patients. With your help we can continue to help our community cancer warriors with their journey.



Cathy's Place provides a variety of supports and resources to the community including helping with arranging transportation and accommodations for support persons to accompany patients to appointments.

Thank again to everyone who continues to support this life changing program!

- Andrea MacDonald, Manager of Cancer and Palliative Care Services
- Cathy Novak, Founder of Cathy's Place and our dedicated Oncology Staff at St. Martha's Regional Hospital

ST. MARTHA'S AND YOU...



Dr. Amy Hendricks using the echo machine purchased by the Foundation in 2018.

When the campaign launched in 2016, the Foundation had a goal of raising \$20 million dollars by 2026. **Thanks to the generosity of our donors, we are at \$19.6 million dollars. That's just \$400,000 short of our goal.**

This tell us two things:

- Our community is **amazing**. We are so grateful to everyone who has made a multi-year commitment or one-time gift to the campaign. Your gift is making a big difference and is greatly appreciated.
- **Healthcare is a priority** for the quad-counties. Every time we purchase a piece of equipment or support an enhanced service, we are trying to ensure the residents of the quad-counties are receiving the best care, close to home!



Want to become part of the St. Martha's endowment family? Give us a call to set up your five-year pledge today at 902-863-1131. Your gift helps to ensure we are able to be there every time St. Martha's needs us.

2021-22 SPENDING COMMITMENTS

Equipment	Endowment Fund	Parking Lot Fund	Other Fund
Behavioral Interventionist	\$40,000		
Palliative Care Equipment Upgrades & Education	\$20,000		
Insight Flex C Arm for OR	\$49,650	\$16,550	
Ear, Nose & Throat (ENT) Navigation System	\$168,750	\$56,250	
Low Temperature Equipment Sterilizer	\$88,499	\$12,050	
Wireless Fetal Monitor	\$38,456	\$12,819	
Cardiac Stress Test System	\$30,000		
Wound Care Carts	\$10,592		
Community Navigator		\$30,000	
Special Care Incubator for Newborns		\$82,040	
Examination Tables for Gynecology		\$8,850	
Cautery Machine for Ambulatory Care		\$20,000	
Specialized Oven for Dietary		\$25,000	
Fetal Doppler for Midwives			
Rehabilitation Equipment Upgrades		\$4,412	\$54,866
The Drop: Youth Mental Health Centre			\$5,000
Music Therapist: Palliative Care			\$23,000
Hospital Help Day: Isolettes (Incubators for Babies)			\$80,000
Isolette Neo Lights and Attachments			\$4,800
Ice Machine for Palliative Care			\$8,000
Fetal Doppler for Highland Community Midwives			\$800
Totals:	\$445,947	\$267,971	\$176,466

Grand Total: \$890,384



Your donation has a big impact! It stays in your community and supports healthcare today, and for generations to come.

Did you know that we are one of only a few hospital foundations that control the revenues from the hospital parking lot? Every time you drop \$2 in the machine or pay at the parking meters, your money is going back into your local hospital!

Thank You!